



RCH Return to School (RTS) Multi-Tiered System of Support (MTSS)

RTS services are delivered using a three-tiered model aligned with the California Department of Education's Multi-Tiered Systems of Support (MTSS) framework. This approach helps ensure students receive the right level of support at the right time.

While both Medical RTS and Mental Health RTS utilize this framework, the services provided within each tier differ based on the student's medical, behavioral health, and school-related needs.

Medical RTS Continuum of Support

The Medical RTS team focuses on helping students return to school following a medical hospitalization, illness, injury, surgery, or chronic health condition.

Tier 1: Universal Support

- Return-to-school guidance
- School documentation and clearance notes
- Medication authorization and school accommodation forms

Tier 2: Supplemental Support

- Targeted school communication/notification
- Care consultation and coordination for new diagnoses or changes in condition
- Family Support for prolonged absences or anticipated school barriers

Tier 3: Intensive Support

- School re-entry planning meetings
- Ongoing school and family coordination
- Support for students with complex medical conditions, safety concerns, functional limitations, or significant social barriers
- Intensive barrier identification and resolution

Mental Health RTS Continuum of Support

The Mental Health RTS team focuses on helping students return to school following a mental health hospitalization, crisis intervention, or other acute behavioral health services.

Tier 1: Universal Support

- School notification and communication
- Parent consultation regarding school processes and available supports
- General school reintegration guidance

Tier 2: Supplemental Support

- Consultation with school teams



Comunicación con la Escuela (ROI) y Acceso al Expediente Médico Electrónico (EHR) Preguntas Frecuentes

- Identification of academic, behavioral, social-emotional, or attendance concerns
- Coordination of targeted school supports and accommodations
- Communication between RCH and school teams

Tier 3: Intensive Support

- School re-entry meetings
- Intensive collaboration between RCH, schools, and families
- Ongoing care coordination and monitoring
- Support for students experiencing significant school avoidance, complex mental health needs, or substantial barriers to successful reintegration