

DIVISION OF ADOLESCENT MEDICINE

ADOLESCENT TO ADULT BRIDGE PROGRAM (A2B)

CHOC is here to help patients be as healthy as possible, all the way to adulthood. Adolescent to adult health care transition is a growing field that focuses on the unique developmental needs of adolescent and young adult patients and the knowledge, skills, and abilities needed to successfully graduate from a pediatric, family-centered model of care to patient-driven adult care. The need for a structured, coordinated process to support adolescents and young adults with special healthcare needs as they move from a pediatric to adult healthcare system is supported by the American Academy of Pediatrics, the Society for Adolescent Health and Medicine, the American Academy of Family Physicians, and the American College of Physicians.

ABOUT THE PROGRAM

CHOC's Adolescent to Adult Bridge (A2B) Program is dedicated to promoting a culture of transition readiness and implementing adolescent-centered models of care. We use GotTransition's Six Core Elements to provide a standard, evidence-driven approach to healthcare transition across the CHOC health system. Our multidisciplinary team of experts includes a family nurse practitioner, licensed clinical social worker, clinical psychologist, public health educator, case management, quality improvement, and program management. The program has 3 key areas of focus:

1. System-wide healthcare transition standards of care
2. Healthcare transition research
3. Specialized A2B Clinic for medically complex patients

A2B CLINIC DETAILS

The A2B Clinic partners with patients and their families who have complex needs and may be at increased risk for poor health outcomes as they transition from pediatric to adult care providers. The A2B Clinic is consultative and dedicated to patients who see multiple specialists where additional support, planning, and education is needed that exceeds what can be covered in a routine well-child and/or subspecialty clinic visit.

When seen in the A2B Clinic, patients and families can expect to receive the following services:

- A tailored transition care plan specific to the patient's needs
- Assistance finding health care providers who treat adults, including mental health specialists



- Building independence and self-management skills in our patients that will help them navigate the adult health care system
- Care coordination between CHOC doctors and the new adult care team
- Assistance with questions regarding health insurance, shared decision-making supports, and government benefits for adults
- Referrals to support networks and community benefits

A2B CLINIC ELIGIBILITY

- Established CHOC patients ages 16 and older
- Two or more diagnosed chronic conditions
- Followed by two or more sub-specialists
At least one sub-specialist must be a CHOC provider
- Meets "High Need" criteria using the BLSS assessment, found on the A2B Referral Guidelines

CONTACT US

Location

CHOC Health Center, Centrum
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Learn more about A2B at choc.org/A2B