

DIVISION OF ADOLESCENT MEDICINE

PHILOSOPHY

Adolescence is an exciting and complicated time of growth and discovery, and teens and young adults have needs that are different from younger children and adults. The Adolescent Medicine Clinic is available for consultation at the request of your primary care provider when specialty care is necessary. Our experienced and highly skilled team of board-certified adolescent medicine specialists care for patients 12-21 years of age with complex medical, social, and multi-disciplinary needs unique to this age group while understanding and providing for best care according to individual developmental needs and confidentiality of all patients.

WHAT WE TREAT

Eating Disorders

- Assessment and management of Bulimia Nervosa, Anorexia Nervosa, Avoidant Restrictive Food Intake Disorder, and other eating disorders
- We provide a multidisciplinary approach to care including specialists from the field of mental health, social work, and nutrition science in addition to our physician specialists.

Reproductive Health

- Management and implementation of comprehensive contraception
- Confidential screening, diagnosis and management of sexually transmitted infections and sequelae for both females and males
- Adolescent gynecological services including abnormal uterine bleeding, PCOS, painful menses, heavy menses, irregular or absent menses

Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex and Asexual (LGBTQIA) Adolescent Health Care

- Counseling support
- Hormone therapy
- Health management of other associated conditions

Mental Health

- Mental health concerns are common co-morbid conditions for which we screen and address
- Simple pharmacologic management with integration of community mental health resources



PROGRAMS AND SERVICES

- Inpatient consultative services
- Multidisciplinary Bulimia Nervosa, Anorexia Nervosa (BAN) Clinic
- Transgender Clinic
- Consultation services for complex social and medical cases
- Mental health screening and treatments for depression, anxiety and other disorders

HEALTH PLANS

CHOC contracts with most major public and private healthcare programs including HMOs and PPOs.

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LOCATION

CHOC Health Center, Centrum
1120 W. La Veta Ave., Suite 125
Orange, CA 92868
Scheduling: 1-888-770-2462
Fax: 1-855-246-2329
choc.org/referrals

TELEHEALTH SERVICES

CHOC offers multiple types of convenient services for our patients. In addition to in person visits, patients can have telehealth visits with our healthcare professionals when appropriate, allowing more flexibility and access to care.

HOW TO REFER TO ADOLESCENT MEDICINE

ONLINE REFERRAL PORTAL

Referrals can now be placed online through the CHOC referral portal, eceptionist™:

- Submit your referral electronically
- Review your referrals and know your patients have a confirmed appointment time
- Contact your CHOC Referral Coordinator from a single portal

To sign up, go to choc.org/referrals.

SPECIALTY CARE PHYSICIAN CONCIERGE SERVICE

Our physician concierge service expedites communication between healthcare professionals and CHOC specialists. To connect with a physician concierge representative, please call 714-509-4013.

VOALTE®

Physicians are available via Voalte®, a secure HIPAA-compliant text messaging app, available on PC and smartphone devices. For more information, please contact CHOC Business Development: BDinfo@choc.org.



ADOLESCENT MEDICINE CARE TEAM

Alexandra Roche, MD, ABOM

Division Chief, Adolescent Medicine
Board Certified in Obesity Medicine

Misha Khalighi, MD

Board Certified Adolescent Medicine Specialist

William Adelman, MD

Board Certified Adolescent Medicine Specialist