

# DIVISION OF ADOLESCENT MEDICINE

## PHILOSOPHY

Adolescence is an exciting time of growth and discovery, and teens and young adults have needs that are different from younger children. While General Pediatricians are trained and skilled in providing primary care to this group of patients, there are times that specialty care is necessary. Our experienced team of board certified adolescent medicine specialists are highly skilled and our clinic has the resources to care for patients 12-21 years of age with more complex medical, social and multi-disciplinary needs while understanding and providing for the confidentiality of all patients.

## WHAT WE TREAT

### Eating Disorders

- Assessment and management of Bulimia Nervosa, Anorexia Nervosa, Avoidant Restrictive Food Intake Disorder, and other eating disorders
- We provide a multidisciplinary approach to care including specialists from the field of mental health, social work, and nutrition science in addition to our physician specialists.

### Reproductive Health

- Management and implementation of oral and implantable contraceptive devices
- Confidential screening, diagnosis and management of sexually transmitted infections and sequelae for both females and males
- Adolescent gynecological services

### Mental Health

- Mental health screening and treatments for depression, anxiety and other common mental health conditions
- Simple pharmacologic management with integration of community mental health resources

### Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex and Asexual (LGBTQIA) Adolescent Health Care

- Counseling support
- Hormone therapy
- Health management of other associated conditions



## PROGRAMS AND SERVICES

- Inpatient consultative services
- Multidisciplinary Bulimia Nervosa, Anorexia Nervosa (BAN) Clinic
- Transgender Clinic
- Consultation services for complex social and medical cases
- Mental health screening and treatments for depression, anxiety and other disorders

## HEALTH PLANS

CHOC contracts with most major public and private healthcare programs including HMOs and PPOs.

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## LOCATION

CHOC Health Center, Centrum  
1120 W. La Veta Ave., Suite 125  
Orange, CA 92868  
Scheduling: 1-888-770-CHOC (2462)  
Fax: 1-855-CHOC-FAX (246-2329)

## TELEHEALTH SERVICES

CHOC offers multiple types of convenient services for our patients. In addition to in person visits, patients can have telehealth visits with our providers when appropriate, allowing more flexibility and access to care.

## ADOLESCENT MEDICINE CARE TEAM

### **Alexandra Roche, MD, ABOM**

Division Chief, Adolescent Medicine  
Board Certified in Obesity Medicine

### **Terez Yonan, MD**

Board Certified Adolescent Medicine Specialist

### **Misha Khalighi, MD**

Board Certified Adolescent Medicine Specialist



## SPECIALTY CARE PHYSICIAN CONCIERGE SERVICE

Our physician concierge service expedites provider-to-provider communication with CHOC specialists. To connect with a physician concierge representative, please call 714-509-4013.

## PINGMD®

Physicians are available via pingmd®, a secure HIPAA-compliant secure text messaging app, available on PC and smartphone devices. For more information, please contact CHOC Business Development: 714-509-4291 or [BDinfo@choc.org](mailto:BDinfo@choc.org).