



Outpatient Nutrition Referrals

CHOC's Clinical Nutrition outpatient program is designed to provide Medical Nutrition Therapy (MNT) for a variety of acute medical conditions. Due to the high demand for limited appointment times, we are unable to provide individual RD visits for obesity with no comorbidities in children over the age of 6.

Individual Appointments

1. Obtain a Nutrition Authorization for NPI: 1811080526 / CPT: 97802
2. PPO insurance: Family should be instructed by referring physician to check with their insurance to ensure nutrition is a covered service before they call to schedule an appointment.
3. Please fax referral to 714-509-4757.
4. Please request patient's guardian or parent to call CHOC Clinical Nutrition to schedule an appointment at 714-509-4572.

Obesity Referrals Without Comorbidities

Please refer to PODER (6-week series) or Kids Fit Club (2 classes), which are held virtually during COVID. Classes are offered in both English and Spanish.

- PODER: 714-509-7961
- Kids Fit Club: 714-509-7323

Eating Disorder Referrals

Referrals for eating disorders will need to be directed to the Division of Adolescent Medicine for CHOC.

1. Please call Division of Adolescent Medicine at 714-509-7171 to obtain referral form.
2. Please process requests for the following types of insurance as follows:
 - PPO - NPI: 1275975104 / CPT: 99245 x 1 and 99215 x 3
 - HMO - NPI: 1275975104 / CPT: 99245 x 1 and 99215 x 3
 - Cal Optima - NPI: 1164540126 / CPT: 99245 x 1 and 99215 x 3
3. Fax the completed form to 855-212-6740.

Thank you for your referrals to CHOC Clinical Nutrition.

