

# THANK YOU FOR SUPPORTING OUR MUSIC THERAPY AT CHOC CHILDREN'S

RECENTLY, AMAZING THINGS HAVE HAPPENED IN  
MUSIC THERAPY BECAUSE OF SUPPORT LIKE YOURS.

TOGETHER, WE...



#### MADE MUSIC WITH HUNDREDS OF KIDS

We now offer music therapy in every inpatient area of the hospital, and the team received over 10,000 music therapy session requests last year. With current capacity, CHOC was able to provide over 2,500 music therapy sessions, a 25 percent increase over 2017. In the coming year, we hope to expand staffing to meet the need.



#### SOOTHED OUR MENTAL HEALTH PATIENTS

CHOC's music therapy program has expanded into the mental health inpatient center, helping our patients improve their ability to process experiences and express themselves. In 2018, we were able to provide 1,400 group music therapy interventions within the center, giving children the opportunity to heal through music.



#### COMFORTED GRIEVING FAMILIES

We work closely with the palliative care team to offer families recordings of their child's heartbeat as a special keepsake. By providing these recordings, music therapy gives families a personal, permanent remembrance of their child. Last year, we standardized our heartbeat recording process and trained additional child life staff to expand the impact of this service.



#### YOU HELP CHANGE LIVES

Brie Mattioli, a board-certified music therapist at CHOC, reflects on the special bond she shared with a patient.

*"I remember working with a newborn who was referred by the NICU developmental team. While she had never been home or known life outside her NICU room, music therapy provided periods of genuine joy, opportunities for self-expression and moments of positive development and laughter."*

*This baby girl went from hardly being able to tolerate external stimuli to happily playing a maraca, supporting herself independently and recovering faster from procedures. I will always remember how bright her smile was on the day she was finally discharged."*