

THANK YOU FOR SUPPORTING OUR CHILD LIFE PROGRAM AT CHOC CHILDREN'S



RECENTLY, AMAZING THINGS HAVE HAPPENED THROUGH
CHILD LIFE BECAUSE OF SUPPORT LIKE YOURS.

TOGETHER, WE...



CHANGED THE LIVES OF THOUSANDS OF CHILDREN

With additional staff hired since July 2017, the Cheresse Mari Lauthere Child Life Department saw 14,000 more patients this year compared to last year, a 12 percent increase. In all, the child life team provided nearly 2,500 interventions each week, bringing comfort to families when they need it most.



SUPPORTED OUR MOST VULNERABLE KIDS

Our child life team provided services to more than 11,000 families in the emergency department last year, delivering education, distraction and support to patients after they were admitted to the hospital for extended care. In the mental health inpatient center, child life led nearly 2,000 therapy groups focused on topics such as stress management, mindfulness and emotional regulation.



SHARED THE GIFT OF MUSIC

We now offer music therapy in every inpatient area of the hospital, and the team received over 10,000 music therapy session requests last year. With current capacity, CHOC was able to provide more than 2,500 music therapy sessions, a 25 percent increase over 2017. In the coming year, we hope to expand staffing to meet the need.



YOU HELP CHANGE LIVES

A young patient with major depressive disorder attended a child life session in our inpatient center, where they learned about mindfulness through watercolor painting. The patient, who originally struggled to verbally communicate their personal challenges, found it easy to tell the child life specialist about their thoughts and emotions by discussing the meaning behind their painting.

The specialist encouraged this patient to paint as a form of self-expression, allowing art to be a point of communication when they speak with their care team.