

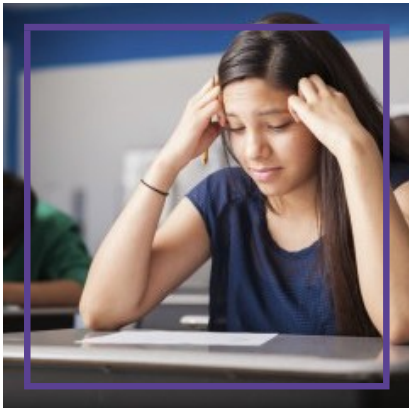


Quarterly Mental Health Conferences

Preventing Teen Suicide:

Connecting the Community

Saturday, February 24, 2018



CHOC Children's

Wade Education Center

1201 W. La Veta Ave, Orange, CA 92868

Keynote Speaker:

David Safani, MD, MBA, FAPA

Assistant Clinical Professor, UC Irvine School of Medicine

Medical Director, Outpatient Services

Associate Training Director

Department of Psychiatry & Human Behavior

UC ePIC Physician Champion

UC Irvine Health

CONFERENCE OBJECTIVES

Conference Description

This event is part of a series of trainings for pediatricians on identifying, managing, and referring children with mental health disorders. Over 3 years, these trainings will focus on a range of topics, such as, depression, suicide, ADHD, oppositional defiant disorder. The intent is to help pediatricians increase their knowledge and comfort in managing the children with mental health disorders in their practice. These trainings, along with other educational outreach programs, are funded through a grant from the UniHealth Foundation.

Who Should Attend

Pediatricians, clinicians, and any other professional who care for the mental health of children and teens are invited to attend.

Discipline-Specific Presentations Include

- Risk Factors and Treatment Considerations
- Assessment of Adolescent Suicidality
- Out of Tragedy, Development of Hope
- Development of School Suicide Policies
- Case Reviews from the Primary Care Physician
- Community Mobilization of Parents

At the conclusion of the 4-hour educational setting, the participant should be able to:

1. Identify at least two treatment or support resources in the community for children living with mental health disorders.
2. Develop a mental health referral plan.
3. Provide at least one handout in your practice that could be given to parents who have children with mental health concerns.

At the conclusion of the 4-hour motivational interviewing workshop, the participant should be able to:

1. Use motivational interviewing strategies to offer mental health referrals for mental health treatment to patient/families.

Accreditation

CHOC is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

CHOC designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this live activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements; as long as the course is certified for *AMA PRA Category 1 Credit*[™] (rn.ca.gov). Nurses will receive a Certificate of Attendance following this activity that may be used for license renewal.

Psychologists: CHOC Children's is approved by the American Psychological Association to sponsor continuing education for psychologists. CHOC Children's maintains responsibility for this program and its content.

Financial Disclosure - We would like to thank the UniHealth Foundation for providing grant support of this live CME activity.

CONFERENCE SCHEDULE

Mental Health Education

- 7:30 AM** **Registration | Breakfast**
- 8:00 AM Overview of the Problem of Teen Suicide
- Heather Huszti, PhD
- 8:15 AM Risk Factors and Treatment
Considerations for Adolescent Suicide
- David Safani, MD
- 9:15 AM Assessment of Adolescent Suicidality
- Micaela Thordarson, PhD
- 9:50 AM Case Reviews
- Hoang "Wayne" Nguyen, MD
- 10:20 AM** **Morning Break**
- 10:30 AM Out of Tragedy, Development of Hope |
With Hope Foundation
- Jon Egger
- 11:00 AM Development of School Suicide Policies |
Capistrano Unified School District
- Wendy Pospichal, Ed.D.
- 11:30 AM Community Mobilization of Parents in
the Vietnamese Community | Project
Vietnam
- Quynh Kieu, MD
- 12:00 PM** **Lunch | Networking Opportunity |
Exhibit Fair | Mental Health Inpatient
Center Tour**

Motivational Interviewing Workshop

- 1:30 PM Introduction to Motivational
Interviewing
- Maurice Bulls, M.Ed.

Adjourn at 5:00 PM

MENTAL HEALTH INPATIENT CENTER TOUR

Please join us for the opportunity to be some of the first to see CHOC Children's Mental Health Inpatient Center in a small guided tour, open to all who register for the conference.

**Tours will take place in half-hour increments during the lunch break*



CONFERENCE DETAILS

Location:

CHOC Children's
Wade Education Center
1201 W. La Veta Ave
Orange, CA 92868

Supported by:

UniHealth Foundation
Mental Health
Program Grant



REGISTRATION INFORMATION

Tuition – Mental Health Education:

\$50 for all registrants

Lunch will take place immediately following the morning conference and is included in the registration fee

Tuition – Motivational Interviewing Workshop:

\$50 for all registrants

Lunch is included in the registration fee and takes place directly before the workshop

If you would like to participate in lunch, please arrive by 12:00 PM

Registration:

Our easy online registration form is available at <https://chocmentalhealth.eventgrid.com/>

Cancellations:

Cancellations and no-shows will not be refunded. However, substitutions will be accepted.

Substitutions:

Substitutes for registered participants are accepted but must be arranged in advance by contacting Shelby Landin at 714.509.4810 or slandin@choc.org.

Registrations are transferable.

Please call 714.509.4810 or email chocme@choc.org to arrange for a substitution or refund before February 9, 2018.

All continuing medical education activities are subject to cancellation. In the event that this conference would have to be cancelled, CHOC Children's is not responsible for any airfare, hotel or other costs incurred by participants. In the event of an emergency, we reserve the right to cancel a session or substitute a qualified speaker.

CONFERENCE FACULTY

Planning Committee

Wendy Altamirano

*Director, Mental Health Initiative
Department of Pediatric Psychology
CHOC Children's*

Mary E. Hickcox

*CME Program Manager
CHOC Children's*

Cristen Frost Hemingway

*Conference Coordinator
CHOC Children's*

Heather Huszti, PhD

*Chief Psychologist
Department of Pediatric Psychology
CHOC Children's*

Shelby Landin

*Conference Coordinator
CHOC Children's*

Sybil Magturo

*Department Assistant
Department of Pediatric Psychology
CHOC Children's*

Ines Noto

*Manager of Community Physician Trainings
Department of Pediatric Psychology
CHOC Children's*

Conference Faculty – Scheduled to Present

Maurice Bulls, M.Ed.

*Vice President
Behavior Change Consulting*

Jon Egger

*Suicide Prevention and Mental Health Educator
Applied Suicide Intervention Skills Trainer
With Hope Foundation*

Heather Huszti, PhD

*Chief Psychologist
Department of Pediatric Psychology
CHOC Children's*

Quynh Kieu, MD

*General Pediatrician
Founder, Project Vietnam*

Wayne Nguyen, MD

*Medical Director
Pediatric and Adolescent Psychiatry
CHOC Children's*

Wendy Pospichal, Ed.D.

*Executive Director of Integrated Support Services
Capistrano Unified School District*

David Safani, MD, MBA, FAPA

*Assistant Clinical Professor, UCISOM
Medical Director, Outpatient Services
Associate Training Director,
Dept of Psychiatry & Human Behavior
UC ePIC Physician Champion, UC Irvine Health*

Micaela Thordarson, PhD

*Child Psychologist
Intensive Outpatient Program,
CHOC Children's*

REGISTRATION

WE RECOMMEND:

Easy Online Registration! Online & secure registration is available at <https://chocmentalhealth.eventgrid.com>

OR You may complete the following to register by mail or FAX.

STEP 1: Please select your registration category

Tuition – Mental Health Education

[] \$50 for all registrants

Tuition – Motivational Interviewing Workshop

[] \$50 for all registrants

STEP 2: Please complete all fields

Registrant (Please complete a form for each person registering)	
First Name:	
Last Name:	
Reg Type (Phys, Other, etc):	
Credentials (e.g., MD, RN, etc.):	
Email Address:	
Job Title:	
Company/Organization:	
Mailing Address:	
2 nd Mailing/Address:	
City:	State:
Zip Code:	
Daytime Phone:	
How did you hear about this conference?	
Please Complete ALL Credit Card Information Below:	
Credit Card Type:	Please check one: [] VISA [] Master Card [] American Express
Credit Card Number:	
Expiration Date:	
Security Code/CVV Code:	
Name on Credit Card:	
Credit Card Billing Address:	
Credit Card Billing City:	
Credit Card Billing State:	
Credit Card Billing Zip Code:	
Credit Card Billing Phone:	

STEP 3: Send Completed Form

By FAX or Email

FAX: 714.509.8785 / Email: CHOCME@CHOC.ORG

Pay by Check

Make Checks Payable to **CHOC Children's Hospital**.

Include this form and mail check to:

Attention: Shelby Landin
Business Development
CHOC Children's Hospital
1201 W. La Veta Ave.
Orange, CA 92868

Registration Fee:

+ Admin Fee: **\$4.50**

= *Total Due

* Admin fees + credit card transaction fees are non-refundable.

Upon successful processing via credit card or by check, an email registration confirmation/receipt will be sent to the email address you supply on this form. Please keep the email confirmation for your records. Cancellations and no-shows will not be refunded. However, substitutions will be accepted.