



Optimizing Feeding Outcomes

*An Advanced Course in Managing
Complex Pediatric Feeding Disorders*

Presented by

Mitchell Katz, MD

Division Chief, Medical Director, Gastroenterology

**& CHOC Children's Multidisciplinary
Feeding Program**

Keynote Speaker

Evan Kleiman

Host, Good Food, KCRW 89.9

Friday – Saturday, January 19-20, 2018

**Newport Beach Marriott Hotel & Spa
900 Newport Center Drive
Newport Beach, CA 92660**



Conference Description

Join our multidisciplinary faculty and nationally recognized leaders in the field as they share their expertise on the assessment and treatment of children with complex feeding disorders.

Who Should Attend

General Pediatricians, Gastroenterologists, Family Practice Physicians, Nurse Practitioners, Nurses, Occupational Therapists, Speech-Language Pathologist, Clinical Psychologists, Licensed Clinical Social Workers, Registered Dietitians and others who care for children with feeding challenges are invited to attend.

Discipline-Specific Presentations Include

- Disordered Feeding Among Children with Food Allergies and Eosinophilic Esophagitis
- Avoidant/Restrictive Food Intake Disorder (ARFID)
- Motivational Interviewing to Improve Parental Learning and Engagement
- Nutritional Strategies to Improve Nutrient Balance and Optimize Growth Within Restricted Diets
- Integration of Child-Led and Sensory Approaches to Address Maladaptive Mealtime Behaviors

CONFERENCE OBJECTIVES

1. Follow suggested best practice model for treatment of pediatric feeding disorders and gastrostomy tube weaning.
2. Advocate for developing an effective multidisciplinary team to improve outcomes for children with feeding difficulties and gastrostomy tube dependence.
3. Apply specific behavioral feeding strategies to improve a child's interaction with and intake of food.
4. Follow nutritional intervention strategies to improve nutrient balance, increase caloric intake and optimize growth and development of children with restrictive diets.
5. Coach parents on strategies and techniques to improve the parent-child feeding relationship.

Accreditation

CHOC is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

CHOC designates this live activity for a maximum of 9.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this live activity.

This credit may also be applied to the CMA Certification in Continuing Medical Education.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements; as long as the course is certified for *AMA PRA Category 1 Credit™* (rn.ca.gov). Nurses will receive a Certificate of Attendance following this activity that may be used for license renewal.

Psychologists: CHOC Children's is approved by the American Psychological Association to sponsor continuing education for psychologists. CHOC Children's maintains responsibility for this program and its content.

Resident Dietitians: *CHOC Children's is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). This event is approved for 9 CPEUs.*



Rady Children's Hospital San Diego is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Financial Disclosure - Educational grants are being sought in support of this live activity.

This course is offered for 0.9 ASHA CEUs (Intermediate level, Professional area)

CONFERENCE SCHEDULE

Friday, January 19, 2018

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|-----------------|--|
| 7:30 AM | Registration Breakfast Vendors |
| 8:30 AM | Welcome and Introduction - Mitchell Katz, MD |
| 9:00 AM | Keynote Session: More Than Mechanics: Food as a Social Experience - Evan Kleiman |
| 9:45 AM | Break Visit Vendors |
| 10:15 AM | Motility and Feeding Across Developmental Levels - Ashish Chogle, MD |
| 11:15 AM | Breakout #1 |
| 12:00 PM | Lunch Visit Vendors |
| 1:00 PM | Avoidant/Restrictive Food Intake Disorder: Assessment, Neurobiology, and Treatment - Jennifer Thomas, PhD |
| 1:45 PM | Multi-modal Therapy Strategies - Erin Karavedas, MS, OTR/L, SWC, PAMS and Hema Desai, MS, CCC-SLP, BCS-S |
| 2:30 PM | Break Visit Vendors |
| 2:45 PM | Breakout #2 |
| 3:45 PM | Breakout #3 |
| 4:30 PM | Adjourn Visit Vendors |

Saturday, January 20, 2018

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|----------------------------|--|
| 7:30 AM | Breakfast Visit Vendors |
| 8:15 AM | Welcome Back |
| 8:30 AM | Eosinophilic Esophagitis - Anup Patel, MD |
| 9:15 AM | Endoscopy Study - Shonda Brown, RD, CSP, CSNS, CEDRD, Sarah Lauridson, MS, CCC-SLP, CLEC, and Robyn Robinson, CPNP, MSN |
| 10:00 AM | Break Visit Vendors |
| 10:15 AM | Continuity of Care - Joan Surfus, OTD, OTR/L, SWC |
| 11:00 AM | Motivational Interviewing - Kelli Rugless, PsyD |
| 11:45 AM | Long Term Outcomes of Children with Pediatric Feeding Disorders Treated in an Intensive Inpatient Multidisciplinary Feeding Program - Cindy Kim, PhD, ABPP and Jessica Brown, RD, CSP, CNSC, CLEC |
| 12:30 PM | Conclusion - Mitchell Katz, MD |
| Adjourn at 12:45 PM | |

BREAKOUT SESSIONS

| Breakout 1 Sessions 11:15 AM – 12:00 PM | Breakout 2 Sessions 2:45 PM – 3:40 PM | Breakout 3 Sessions 3:45 PM – 4:30 PM |
|---|--|--|
| Parent-Child Interaction Therapy Marta Shinn, PhD | Nutritional Management Kelsey Childs, RD, CLEC | Parental Learning Audrey Lim, OTD, OT/L, SWC and Leigh Volker, LCSW |
| Medical Evaluation of Disordered Feeding Mitchell Katz, MD | Parent-Child Interaction Therapy Marta Shinn, PhD | Medical Management of Feeding Intolerance Robyn Robinson, CPNP, MSN |
| How to Address Feeding in a Child Who's at Risk for Aspiration Jennifer Raminick, MA, CCC-SLP and Hema Desai, MS, CCC-SLP, BCS-S | Parental Learning Audrey Lim, OTD, OT/L, SWC and Leigh Volker, LCSW | Blenderized Tube Feedings Katherine Bennett, RD, MPH, CLEC |
| Effective Feeding Therapy Children with Anxiety Sarah Lauridson, MS, CCC-SLP, CLEC and Cindy Kim, PhD, ABPP | Effective Feeding Therapy Children with Anxiety Sarah Lauridson, MS, CCC-SLP, CLEC and Cindy Kim, PhD, ABPP | How to Address Feeding in a Child Who's at Risk for Aspiration Jennifer Raminick, MA, CCC-SLP and Michelle Shalom, OT |

CONFERENCE DETAILS

Location:

Newport Beach Marriott Hotel & Spa
900 Newport Center Drive
Newport Beach, CA 92660

Discounted Hotel Accommodations:

\$169.00 plus tax and \$10 destination fee

Make your room reservation now! A limited number of rooms are reserved at this rate. To secure a room at the Newport Beach Marriott Hotel & Spa, please book online at <https://aws.passkey.com/event/go/chocfeedingprogram> or call (877) 622-3056.



Reservations must be made by Thursday, December 28, 2017 or before the group rooms are sold out, so do not delay. Prevailing rates may apply after this date or when the group rooms are sold out, whichever occurs first. Rooms are subject to availability.

REGISTRATION INFORMATION

Tuition – Early Bird Rate:

\$450 for Physicians
\$350 for other Health Professionals
\$150 for Students and Trainees

** Limited to first 20 students who register. Proof will be required.*

Tuition – After December 8, 2017:

\$550 for Physicians
\$450 for other Health Professionals

Registration:

Our easy online registration form is available at <https://chocfeedingprogram.eventgrid.com/>

Substitutions:

Substitutes for registered participants are accepted but must be arranged in advance by contacting Cristen Frost Hemingway at 714.509.4807 or cfrost@choc.org.

Cancellations:

Cancellations should be submitted in writing prior to December 8, 2017, by emailing chocme@choc.org. An administrative charge of \$100.00+fees will be deducted from your paid registration and a confirmation sent to you. All admin fees and credit card transaction fees are NOT refundable. Cancellations on or after that date and no-shows will not be refunded.

Registrations are transferable.

Please call 714.509.4807 or email chocme@choc.org to arrange for a substitution or refund before December 8, 2017. All continuing medical education activities are subject to cancellation. In the event that this conference would have to be cancelled, CHOC Children's is not responsible for any airfare, hotel or other costs incurred by participants. In the event of an emergency, we reserve the right to cancel a session or substitute a qualified speaker.

CONFERENCE FACULTY

Planning Committee

Mitchell Katz, MD

Division Chief, Medical Director, Gastroenterology

Leigh Volker, LCSW

Clinical Social Worker, CHOC Children's

Mary E. Hickcox

CME Program Manager, CHOC Children's

Cristen Frost Hemingway

Conference Coordinator, CHOC Children's

Shelby Landin

Conference Coordinator, CHOC Children's

Conference Faculty – Scheduled to Present

Evan Kleiman – Keynote Speaker

Host of Good Food, KCRW 89.9

Katherine Bennett, RD, MPH, CLEC

Clinical Dietitian, Clinical Nutrition & Lactation, CHOC Children's

Jessica Brown, RD, CSP, CNSC, CLEC

Clinical Dietitian, Clinical Nutrition & Lactation, CHOC Children's

***Shonda Brown, RD, CSP, CSNS, CEDRD**

Clinical Dietitian, Clinical Nutrition & Lactation, CHOC Children's

Kelsey Childs, RD, CLEC

CLEC Clinical Dietitian, Clinical Nutrition & Lactation, CHOC Children's

Ashish Chogle, MD

Gastroenterologist, CHOC Children's

Hema Desai, MS, CCC-SLP, BCS-S

Speech Language Pathologist, Rehabilitation Services, CHOC Children's

Erin Karavedas, MS, OTR/L, SWC, PAMS

Occupational Therapist, Rehabilitation Services, CHOC Children's

***Cindy Kim, PhD, ABPP**

Pediatric Psychologist, CHOC Children's

***Sarah Lauridson, MS, CCC-SLP, CLEC**

Speech Language Pathologist, Rehabilitation Services, CHOC Children's

Audrey Lim, OTD, OT/L, SWC

Occupational Therapist, Rehabilitation Services, CHOC Children's

Anup Patel, MD

Gastroenterologist, CHOC Children's

Jennifer Raminick, MA, CCC-SLP

Speech Language Pathologist, Rehabilitation Services, CHOC Children's

***Robyn Robinson, CPNP, MSN**

Nurse Practitioner, Gastroenterology, CHOC Children's

Kelli Rugless, Psy.D.

Pediatric Psychologist, CHOC Children's

Marta Shinn, PhD

Pediatric Psychologist, CHOC Children's

Joan Surfus, OTD, OTR/L, SWC

Clinical Coordinator of Occupational Therapy Feeding Specialist

Psychologist, Pediatric Therapy Network

Jennifer Thomas, PhD

Co-Director, Eating Disorders Clinical and Research Program, Massachusetts General Hospital

Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School

Leigh Volker, LCSW

Clinical Social Worker, CHOC Children's

***Also members of the Planning Committee**

CONFERENCE REGISTRATION

WE RECOMMEND:

Easy Online Registration! Online & secure registration is available at

<https://chocfeedingprogram.eventgrid.com>.

OR You may complete the following to register by mail or FAX.

STEP 1: Please select your registration category

Tuition – Early Bird Rate through December 8, 2017

\$450 for Physicians

\$350 for Other Health Professionals

\$150 for Students and Trainees

**Limited to first 20 students who register. Proof will be required.*

Tuition – Standard Rate begins on December 9, 2017

\$550 for Physicians

\$450 for Other Health Professionals

STEP 2: Please complete all fields

Registrant (Please complete a form for each person registering)

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| First Name: | | | | | | | | | | | |
| Last Name: | | | | | | | | | | | |
| Credentials (e.g., MD, RN, etc.): | | | | | | | | | | | |
| Email Address: | | | | | | | | | | | |
| Job Title: | | | | | | | | | | | |
| Company/Organization: | | | | | | | | | | | |
| Mailing Address: | | | | | | | | | | | |
| 2 nd Mailing/Address: | | | | | | | | | | | |
| City: | | | | | | State: | | | | | |
| Zip Code: | | | | | | | | | | | |
| Daytime Phone: | | | | | | | | | | | |

Please Complete ALL Credit Card Information Below:

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| Credit Card Type: | Please check one: <input type="checkbox"/> VISA <input type="checkbox"/> Master Card <input type="checkbox"/> American Express | | | | | | | | | | | | | | | | | | | |
| Credit Card Number: | | | | | | | | | | | | | | | | | | | | |
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| Security Code/CVV Code: | | | | | | | | | | | | | | | | | | | | |
| Name on Credit Card: | | | | | | | | | | | | | | | | | | | | |
| Credit Card Billing Address: | | | | | | | | | | | | | | | | | | | | |
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| Credit Card Billing Zip Code: | | | | | | | | | | | | | | | | | | | | |
| Credit Card Billing Phone: | | | | | | | | | | | | | | | | | | | | |

STEP 3: Send Completed Form

By FAX or Email

(FAX: 714.509.8785 Email: CHOCCME@CHOC.ORG)

Pay by Check

Make Checks Payable to **CHOC Children's**.

Include this form and mail check to:

Attention: Cristen Hemingway

Business Development

CHOC Children's Hospital

1201 W. La Veta Ave.

Orange, CA 92868

Registration Fee:

+ Admin Fee: \$3.00

+ Credit Card Fee: 3%

= *Total Due

* Admin fees + credit card transaction fees are non-refundable.

Upon successful processing via credit card or by check, an email registration confirmation/receipt will be sent to the email address you supply on this form.

Please keep the email confirmation for your records.