

RDs In Practice Round Table Discussion
Psychosocial Aspects of IBD
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Objectives

- 1) Understand psychosocial factors affecting coping with IBD
- 2) Discuss interventions appropriate to IBD population
- 3) Identify community resources available

Resources

Crohn's and Colitis Foundation of America www.ccfa.org

School- Information on 504 plans

- Taking IBD to school Brochure- <http://www.ccfa.org/assets/pdfs/ibdotoschool.pdf>
- Example School Accommodations- <http://www.ccfa.org/resources/school-accommodations-letter.html>

Pharmacy Resource http://www.needymeds.org/inclusions/crohns_colitis.htm

Counseling (Individual/Family)

- Available through insurance under mental health benefits

Support Groups (patient/ family)

<http://www.ccfa.org/living-with-crohns-colitis/find-a-support-group/>

- Power of Two- peer to peer support

On-line support systems

- <http://www.ccfacommunity.org>
- Blogs, Facebook

Camps

- Painted Turtle (Camp Oasis) www.thepaintedturtle.org
 - 1 week camp during the summer for children/ teens with IBD
 - Family Camp- 1 weekend yearly
 - Sibling camp- 1 week yearly
- Dream Street Camp www.dreamstreetfoundation.org
 - 1 week camp for children 4-14, Young adult camp for 18-24