



Suprapubic Tube Clamping Directions

Your child currently has a suprapubic tube (tube from their bladder to the surface of their belly) in place. This is common after some urological surgeries.

In order to safely remove this tube from your child so that they can resume their regular voiding habits we need to ensure that your child can void easily from their urethra (pee hole).

To do this we ask that parents clamp the suprapubic tube (directions below) and allow the child to urinate on their own through their urethra (pee hole) as normal. If your child is able to do this easily and has low residuals of urine (left over amounts of pee) after they void, we will be able to safely remove the suprapubic tube at their next visit.

Where is this tube in my child? The tube goes from your child's bladder through the wall of their abdomen to the surface of their belly. It drains urine from the bladder directly out through this tube, diverting it from the urethra (pee hole) after some surgeries. It is usually held in place with one suture (stitch) that will be removed in the office by a healthcare provider.

How to clamp the tube:

- 1) Have your child lie on their back and relax
- 2) Gently remove the urine collection bag from the catheter. Use your nail or finger to gently peel the soft end off of the harder plastic attached area, this will not hurt your child.
- 3) Using the catheter plug provided by the office insert this into the catheter where the bag was attached. This will keep urine from coming out of the tube.
- 4) Dispose of the urine bag.



