



Clinical Nutrition Outpatient Referral Guidelines

CHOC Children's Clinical Nutrition outpatient program is designed to provide Medical Nutrition Therapy for a variety of acute medical conditions. Because of the high demand for limited appointment times, **we are unable to provide a 1:1 RD visit for obesity with no comorbidities in children over the age of 6.**

Please see instructions for ***Obesity referrals**.

Out Patient Nutrition (Vanessa Chrisman)

Sees patients for Medical Nutrition Therapy for acute medical conditions up to the age of 18.

1. Failure to Thrive, Feeding difficulties
2. Picky Eaters
3. Autistic- for both Picky eating and or obesity
4. Hypertension
5. Hypothyroidism
6. High Cholesterol
7. High Triglycerides

To refer to Clinical Nutrition

1. If Nutrition Auth is needed by insurance: Obtain a Nutrition Authorization for / **CPT: 97802 X 4**
2. **PPO insurance:** Referring Dr or family should check with their insurance to be sure nutrition is a covered service (CPT 97802) before they call to schedule an appointment.
3. Please fax the referral to 855/246-2329
4. Please request the patient's guardian or parent to call CHOC Clinical Nutrition to schedule an appointment at 888/770-2462 or 714/509-4572

Obesity referrals.

For weight management and Comprehensive Nutrition Education

PODER at 714/509-7961 Kids Fit Club 714/509-7323

Email referral form to kidsfit-poder@choc.org or fax to 714/509-8513

Cal Optima 714-246-8895 for Patients 5-18 years of age with a BMI of 85 or Greater.

Diabetes:

Refer to the Endocrine Department to be seen by Endo RD

GI RD:

Refer to the GI Department to be seen by GI RD

Feeding Therapy:

For a Feeding evaluation or swallow study, refer to **REHAB**

Eating Disorders:

Binge eating, Anorexia, Anorexia Nervosa. Refer to the Division of Adolescent Medicine for CHOC. (TED Clinic)

1. Please fill out a referral request (Call 714-509-7171 to obtain a form if needed)
2. Please process requests for the following types of insurance as follows:
 - **PPO - NPI: 1275975104 / CPT: 99245 x 1 and 99215 x 3**
 - **HMO - NPI: 1275975104 / CPT: 99245 x 1 and 99215 x 3**
 - **Cal Optima - NPI: 1164540126 / CPT: 99245 x 1 and 99215 x 3**

3. Fax the request to **855-212-6740**

Referral instructions