

# Clean Catch Urine Collection Instructions

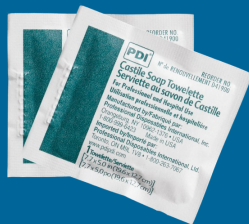
## WHAT YOU NEED:



Sterile collection cup with lid



Laboratory requisition



Two (2) cleansing wipes



Infant urine bag (if instructed)



24-hour collection container (if instructed)

## BEFORE YOU BEGIN



Wash your hands with soap and water. Rinse and dry hands well.



Do **NOT** touch the inside of the specimen cup or lid. Open specimen cup and towelette pack.

Label the collection cup with:

- Patient's full name
- Date of birth
- Date and time of collection

## HOW TO COLLECT THE SAMPLE

### 1 Clean

#### Females:

- Sit as far back on the toilet as possible and spread your legs apart. Separate the skin folds around the urinary tract opening. Use a towelette to wipe the urinary tract opening and surrounding areas from **front to back**. Repeat with a **new towelette**.



#### Males:

- Pull back on the fold of skin around the tip of your penis if you are not circumcised.
- Use one towelette to wipe the urinary tract opening and surrounding areas. Repeat with a **new towelette**.



### 2 Collect

- Urinate directly into the toilet for a few seconds.



- Place the specimen cup into the path of the urine stream. Fill the cup halfway with urine.



### 3 Complete

Secure the lid tightly.



Wash your hands thoroughly with soap and water

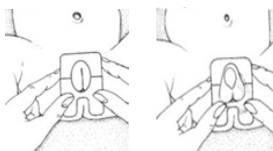


Leave sample on designated counter near bathrooms.

## URINE COLLECTION FOR INFANTS

Use towelettes to clean your child's genitals (as directed above)

- Place sterile urine bag over penis or labia and use the adhesive side to stick to your child's skin
- Re-clean and replace new urine bag if no urine in 30 min.
- Empty bag into sterile urine container



## 24-HOUR URINE COLLECTION

### Day 1 Morning



Void the first morning specimen into the toilet and discard it.

### Next 24 Hours



Collect ALL subsequent urine produced into the 24-hour collection container.

### Day 2 Morning



Collect the first morning urine into the container.

Complete



## STORAGE & TRANSPORT



Refrigerate the specimen immediately (2-8°C / 36-46°F) after collection.



Do NOT freeze



Return the specimen to the laboratory within 24 hours of collection